



① I am listened to and what I say is acted on



② I make decisions that are respected, and I have rights that are protected



③ I am given information that is relevant to me, in a way I understand



④ I am supported to understand risks and uncertainties in my life

# I-Statements

## National Voices



⑤ I know how to talk to the person or team in charge of my care when I need to



⑥ I know what to expect and that I am safe when I have treatment and care



⑦ I am supported and kept informed while I wait for treatment and care



⑧ I am not forgotten